

3rd National River Summit 2019

Karnali River | Nepal 28-31 March

Information for the Participants

Transportation:

Participants from Kathmandu:-

- Shuttle bus will leave on **Tuesday, 26 March by 06:00PM** from Kathmandu to Surkhet (Pick up point and route will be informed to individual participants)
- Participants travelling by Airplane (selected by organizers) will fly to Surkhet or Nepalgunj on **Wednesday, 27 March**.

Participants from other regions of Nepal:-

- All participants should reach Surkhet by **Wednesday, 27 March** evening (or convenient time) by themselves
- Organizer will receive you at Surkhet and arrange for accommodation and food. Travel cost will be reimbursed as per ticket (**Please bring your travel ticket along with you**)

Accommodation:

- We will provide **A-shape/dome/pyramid type camping tent** for two/three/four persons. (sharing of tent is mandatory), a mattress and a sleeping bag for each individual
- No any supplements such as pillows, extra blankets, etc. will be provided, so all are requested to prepare accordingly

Food and Meal:

- **Full board meal (3 meals)** and tea/coffee will be provided during the summit.
- Liquors and beverages are not included on the meals except drinking water.

Items to be carried:

- Pairs of outdoor clothes (we discourage to bring huge luggage/bags and valuables due to limited spaces inside tented camp)
- Light jumper or windcheater (as afternoon is hot and morning/evening is bit windy)
- Personal hygiene kits and towel for personal use.
- Raincoat/ umbrella (if rain occurs)
- Sun cream, sunglasses and hat
- Refillable water bottle, Torch Light/Head light
- Habitual medicine (if needed)
- Shorts, t-shirts and river sandals for rafting. (Optional)

The event will end by 31st March at Rakam and shuttle will leave to Surkhet by 1PM

Departure Transportation

Participants from Kathmandu:-

- Shuttle bus will leave on **Monday, 01 April by 05:30AM** from Surkhet to Kathmandu
- Participants travelling by Airplane will fly to Kathmandu on **Monday, 01 March by 09:20AM**

Participants from other regions of Nepal:-

- All participants shall depart from Surkhet by **Monday, 01 April** morning (or convenient time) by themselves

If you have any queries, please feel free to contact

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